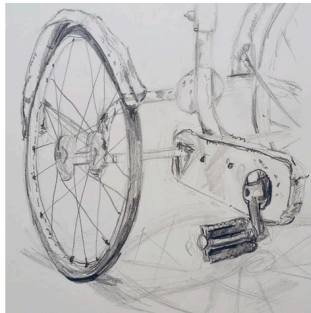
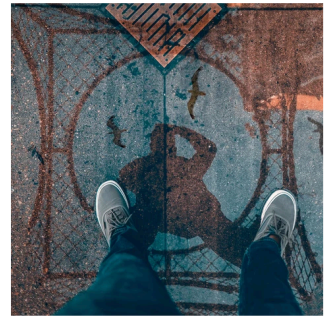


# EBB & FLOW

## S T U D I O



### Tai Chi 24 | Qigong | Meditation

4 Week Regular pass = \$60

4 Week Senior pass = \$50

Casual = \$20

Pay by Paypal at the website.

You can also set up a Monthly Payment Plan for convenience. [Book here](#)

### Monday Beginners Tai Chi

10.30am - 11.30pm Adults

Ebb & Flow Studio Faulconbridge

### Monday Experienced Tai Chi

1pm - 2pm Adults

Tom Chalmers Park or Springwood

Presbyterian Church Hall

### Monday Family Qigong + Meditation

7pm - 8pm

Zoom for busy people, Youth & Adults

*Active Kids voucher!*

### Thursday Beginners & Exp. Tai Chi

7pm - 8pm Adults

Lawson Mechanic's Ins. Hall

**No terms** - all year round

### Art for High-school | HSC | Adults

**Youth** 10 Week Term = \$200

\$100 off with CKV or choose Monthly

Payment Plan \$67 p/m

**Adults** 9 Week Term = \$135

\$110 seniors. Paypal at website or set up a Monthly Payment Plan includes 2 terms and 1 short course. [Book here](#)

### Tuesday HSC Art

6pm - 8pm

### Wednesday or Friday High-School Art

Straight off the bus till - 5.30pm or 6pm

All material included. Ebb & Flow Studio

### Holiday Workshops Kids & Adults

*Creative Kids Voucher!*

### Wednesday Adult Art Learn Draw/Paint

10.30am - 12.30pm

### Friday Adult Art Learn Draw/Paint

7pm - 9pm

Bring own materials. Ebb & Flow Studio

### Life Drawing & Merlot | Create and Sips

As advertised or book: **0404507685**